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The Health & Well Being E-Bulletin is produced 6 times a year, every 2 months. We are currently sending our Health & Well Being Bulletin out to 169 members.

The E-Bulletin is aimed at voluntary and community groups to

- Increase their knowledge of local, regional and national health and well being policies and strategies
- Increase their knowledge of resources, funding, training and support.

If you want to nominate more members then please let us know so that their details can be added to our database and they too can benefit from the information we provide.

Contact details to advise us of interested parties can be found in the section "Receiving the Health & Well Being Bulletin" on Page 26 .

NEWS

HEALTH & SOCIAL CARE REFORMS

Discussion paper on place based adult social care system

The Local Government Group Community Wellbeing Programme Board has produced a discussion paper outlining proposals for a future place-based adult social care system, in light of the current funding environment facing all public services.

The paper considers how communities - down to the level of individual residents - could be empowered to play a more 'hands on' role in the local response to addressing social care need and preventing its rise and escalation.

It considers how councils will need to adapt and change - to become enablers and facilitators as opposed to strictly providers and commissioners.

Nuffield Trust recommendations on GP Commissioning

The Nuffield Trust has made recommendations to reduce the risks of the NHS reforms based on their experience from GP commissioning in the UK and abroad, particularly America.

NEWS

- Speed up the formation of PCT clusters with assurances about their longer term existence to support the changes.
- Bring together GP commissioners and secondary providers.
- Make shadow GP consortia meet performance criteria before being authorised (similar to Foundation Trusts).
- Reverse the decision to allow maximum prices to be set in key areas, particularly mental health - international evidence shows that price competition in hospital care is associated with a reduction in quality of care.
- More transparency in how financial risk is managed and resources allocated from the NHS Commissioning Board.

CLUSTER ARRANGEMENTS FOR PCTs

The five sub regional clusters will be led by a lead Chief Executive, appointed by the Strategic Health Authority. Individual PCTs will remain responsible and accountable for their own performance and commissioning of services for their populations. The clusters will be responsible for identifying and implementing management cost reductions, improving the quality and productivity of services through innovation and partnerships (commonly known as the QIPP agenda), achieve management costs savings and consider the future shape of health services.

The PCT Lead Chief Executive Officer for each cluster, and together with the management team of the Strategic Health Authority (SHA), will form the West Midlands Management Board.

JOINT STRATEGIC NEEDS ASSESSMENT (JSNA)

What is a JSNA?

The JSNA is an important innovation in public policy. It brings together Primary Care Trusts, Local Authorities and other partners. It aims to identify "the big picture" in terms of the health and wellbeing needs and inequalities of a local population.

It aims to understand short term needs (3 to 5 years) and long term needs (5 to 10 years).

It aims to inform commissioning priorities that will reduce inequalities and improve health and social care provision across the population.

The act of "bringing the data to life" is a key issue of developing an effective JSNA that does not focus solely on quantitative data. It is here that voluntary and community organisations can contribute unique qualitative data of the outcomes of their work with local people.

A JSNA that effectively involves the voluntary sector in Wolverhampton would involve:

Clarity about the purpose of the JSNA, so that voluntary organisations could input their understanding of their user groups needs and the demonstration of the effectiveness of their existing services. They need to be clear why and how they should engage with the JSNA process.

Capacity to contribute effectively is limited by lack of resources and ability, especially by small and marginalised organisations.

NEWS

Co production of the JSNA would involve all stakeholders, which takes time and effort in relationship building.

Focus on outcomes and the future

It needs to be clear to voluntary sector organisations that engagement with the JSNA will lead to change for their users, and it will genuinely impact on commissioning and policy decisions and also on decommissioning decisions.

At the same time JSNAs need to be forward looking in anticipating and preparing for the changes such as personalisation in health and social care and a greater role for clinicians in commissioning decisions.

EVENTS

Wolverhampton Walking Festival 2011

9th April to 17th April 2011

Wolverhampton's first ever Walking Festival offers a range of walks to suit all abilities from a 1 mile health walk to an 8 mile ramble or even a 15 mile city challenge.

The walks during the festival are all free to join and are a great way to explore Wolverhampton's open spaces and surrounding countryside.

For more information contact

Tel: 01902 444601

Email: walkingforhealth@wolvespct.nhs.uk

POLICIES AND STRATEGIES—LOCAL

WORKSHOP ON PERSONALISATION

Twelve voluntary and community organisations delivering a wide range of services for local people attended a workshop on Personalisation.

It was kicked off by Sarah Norman, Director of Adults and Community Services in the City Council, followed by Tony Rooke as the lead on Personalisation. We were given a national perspective on behalf of the Third sector by Gill Boston, followed by Paul Johnstone, who is working on new commissioning models for Personalisation. After each presentation there were small group discussions exploring the positives and negatives of the topic for local groups and organisations.

Finally people had an opportunity to respond to scale questions about their readiness on a Personalisation Health Check developed for the Third Sector by National Association for Voluntary Action (NAVCA).

In response to the question, how good is your level of knowledge of the Personalisation Health Check developed for third sector organisations?

47% of participants indicated before the workshop that they had not considered or were only just aware of the Personalisation Health Check developed for the third sector.

After the workshop 67% had a good working knowledge or reasonable understanding and 33% were developing their understanding of the Health Check.

POLICIES AND STRATEGIES—LOCAL

At the end it was agreed that:

- There will be a quarterly meetings between Commissioners and Voluntary organisations in order to increase provider participation in the whole commissioning cycle and to bring about a joined up approach that is responsive to people's needs.
- Embed the NAVCA Personalisation Health Check approach in City
- To further develop the Health and Social care provider market place. It was agreed that WVSC would lead on this, utilising the Firm Foundations tool.

Commissioners are supportive of this approach.

For a full report of the day and also if you want to be involved in the further development of Personalisation in the City contact:

Geeta Patel on 01902 328976 or
email gpatel@wolverhamptonvsc.org.uk

POLICIES AND STRATEGIES—NATIONAL

CANCER STRATEGY FROM DEPARTMENT OF HEALTH:

IMPROVING OUTCOMES

The strategy recognises there have been improvements in cancer care in recent years. However, outcomes in certain areas such as early detection and survival rates still lag behind comparable countries, particularly in disadvantaged areas.

£750 million will be invested over the next four years to make improvements in NHS services and public health cancer prevention. Cancer waiting targets are to be preserved, but the future of cancer networks may be in doubt, possibly to be set up as social enterprises.

MENTAL HEALTH OUTCOMES

A mental health outcomes strategy for people of all ages has been produced in collaboration with a number of partners including Whitehall departments, employers, schools, local authorities and the voluntary and community sector.

The strategy documents outline six headline objectives for improving mental health and stress the importance of early intervention, early years and the interconnections between mental health, housing, employment and the criminal justice system.

POLICIES AND STRATEGIES—NATIONAL

There are details on how proposed outcomes frameworks will capture success and an action plan for expanding talking therapies.

The Statistics:

- Almost half of all adults will experience at least one episode of depression during their lifetime.
- Half of those with lifetime mental health problems first experience symptoms by the age of 14, and three-quarters before their mid-20s.
- One in ten new mothers experiences postnatal depression.
- Mental ill health represents up to 23% of the total burden of ill health in the UK - the largest single cause of disability

The six shared objectives of the strategy are:

More people will have good mental health

More people with mental health problems will recover

More people with mental health problems will have good physical health

More people will have a positive experience of care and support

Fewer people will suffer avoidable harm

Fewer people will experience stigma and discrimination

POLICIES AND STRATEGIES—NATIONAL

We in Wolverhampton may be particularly interested in the statement that the proposed new Health Premium will ensure that national government funding is designed to encourage local authorities to promote equality and narrow the gaps in health between those living in deprived areas and those in affluent areas.

This will be done as part of government's broader approach to payment by results, for example, through the Early Intervention Grant. There is no specific description of how this will work in relation to mental health, except as a means of addressing the broader social and economic determinants of health.

RESEARCH

THIRD SECTOR GUIDE FOR PUTTING EVERYONE FIRST

A guide for local authorities, written by Third sector organizations such as the RNIB, Mencap, RNID, Sense and the National Autistic Society and Guide dogs to try and ensure that people with specialist needs can also benefit from personal budgets.

The guide covers the role of a RAS (resource allocation system) and whether it is needed, ensuring equity, questionnaire design and piloting, funding allocations and specialist support services, and self-assessment questionnaires and support planning.

MATERNITY SERVICES SURVEY BY CARE QUALITY COMMISSION

The survey found that women are generally positive about the services they receive with improved choice of location, sense of involvement, and confidence in staff. However, there is still much to be done to make women feel supported, particularly in post-natal feeding, emergency contact, pain relief and recovery information.

CONSULTATIONS

DEMENTIA STRATEGY

A paper was discussed at the Health and Well Being Partnership Board in February to gain agreement on the strategy for Dementia in the City.

A three month consultation is planned by the Primary care Trust and the City Council to develop:

- A co-produced strategy using a workshop approach
- Discussion and debate with people with dementia, their families, carers and a range of stakeholders

Priority areas of development of better services over the next three years include:

- Good quality early diagnosis and intervention
- Improved quality of life for people in hospital
- Living well with dementia in care homes
- Reduced use of antipsychotic medication

RESOURCES/INFORMATION

MENTAL HEALTH DEBT

A free 40 page booklet for people with mental health issues and their carers on debt problems from www.moneysavingexpert.com/mentalhealth

MONITORING AND EVALUATION ON A SHOESTRING

You're used to being told to do it, and it's getting more important than ever to be able to demonstrate your impact. This free online publication from Charities Evaluation Services is a great overview of how to capture and communicate your organisation's effectiveness. Take a look.

For more information or to download the free online publication follow the links or visit the websites

<http://mxm.mxmf.com/rsps/ct/c/480/r/2571/1/19538> or

<http://mxm.mxmf.com/rsps/ct/c/480/r/2571/1/19540>

Or you could get in touch with the Charities Evaluation Services website <http://www.ces-vol.org.uk>

Tel: 020 7713 5722

RESOURCES/FUNDING

BROOK TRUST

The [Brook Trust](#) supports charitable organisations that carry out arts and social welfare activities. Its priorities are support for parenting, women's charities and learning activities. They accept applications by post, The Brook Trust, PO Box 161, Cranbrook, TN15 9BL.

CARNEGIE CHALLENGE 2011

The [Carnegie UK Trust](#) is offering support for public debates run by not-for-profit organisations to help communities address issues of concern to them. Tel: 01383 721445

FIDELITY UK FOUNDATION

The [Fidelity UK Foundation](#) supports a range of charitable activities including arts and culture, health, education and community development. The types of projects funded are: capital improvement, information technology, and organisational development. Tel: 01732 777364

RESOURCES/FUNDING

IRONMONGERS COMPANY

The [Ironmongers Company](#) supports projects that provide opportunities for disadvantaged children and young people to fulfil their potential. Grants range from a few hundred pounds up to around £10,000. Tel: 0207 776 364

SWIMATHON FOUNDATION

The [Swimathon Foundation](#) offers grants to community groups and organisations which intend to encourage more people to enjoy swimming or to improve accessibility for people who wish to swim. Tel: 0845 459 9016

RESOURCES/FUNDING

HEALTH & SOCIAL CARE VOLUNTEERING FUND

The Department of Health will be launching its second local grant scheme in early April 2011. The programme has been designed to increase capacity in volunteering in health and social care.

In 2010 a total of £550,000 was awarded to 43 successful projects.

Competition for the current round of funding is likely to be high. It is anticipated that between 40 and 45 organisations will receive funding up to a maximum of £50,000 for 2 or 3 year projects.

Criteria for applying include: having a track record in health and social care activity, having an established volunteer base, and having policies on equality, health and safety, and safeguarding of children and adults already in place.

The programme is driven by clear strategic priorities that support the Big Society agenda in the health and adult social care field, as well as key health service priorities.

Local volunteering charities, community or social enterprises, co-operatives, mutuals and other not-for-profit organisations with social aims will be able to make an application and will be asked to apply under one of the following themes:

Theme 1: Patient-led NHS

Theme 2: Delivering Better Health Outcomes

RESOURCES/FUNDING

Theme 3: Improving Public Health

Theme 4: Improving Health and Social Care

Grants will be awarded for their potential to develop new, improved and/or streamlined systems in health and social care volunteering rather than projects that can simply supply core services. Ongoing funding for existing services will not be supported.

Successful projects will be required to participate in the support package which aims to build organisational capacity that will assist with longer term sustainability. Organisations should be prepared to dedicate 6-10 days to these activities per annum, and should include travel costs to activities within their project budget.

A pre - application event is to be held in Birmingham on 6th April.

The event has been organised to:

- provide further information on the programme's remit
- provide guidance on completing the application process
- provide the opportunity for one-to-one discussions with organisations about the eligibility of their project ideas.

For further information call the helpline on **0845 172 8058** or email **volunteeringfund@uk.ecorys.com**

RESOURCES/FUNDING

THE BIG TREE PLANT

The Big Tree Plant will include a funding scheme to encourage and support community groups to plant trees in neighbourhoods where people live and work. The Big Tree Plant funding scheme is provided by the Forestry Commission as part of its contribution to the Defra led partnership.

Who is the funding scheme available to? The Big Tree Plant aims to increase the number of trees being planted in towns, cities and residential areas across the country, by supporting community groups and organisations to establish or expand projects to plant and care for trees. In support of this, The Big Tree Plant funding scheme is available to any group of individuals who come together to undertake action to improve their environment through tree planting. Applicants need to be part of a community-led, not for profit organisation. It would be preferable if the group was organised through a written constitution to ensure long term care of the trees. The Big Tree Plant funding scheme is not intended for individuals or local authorities (unless they are members of a community partnership).

What are the minimum / maximum amounts of funding?

The minimum level of application is £500. The maximum amount of funding for any one project will normally be £25,000.

RESOURCES/FUNDING

Contact details for more information about The Big Tree Plant funding scheme:

Tel: 08459 33 55 77

Email: helpline@defra.gsi.gov.uk

Website: www.direct.gov.uk/thebigtreeplant

RESOURCES/TRAINING

ONLINE E-LEARNING FOR THE SECTOR

[My Learning Pool](#) is a new e-learning platform with over 20 training modules tailored to meet the needs of all organisations, charities and social enterprises in the sector.

OTHER

WOLVERHAMPTON ACTION 4 DIABETES

Wolverhampton Action 4 Diabetes is seeking volunteers who have either experience of or interest in diabetes to help support and run the group.

Contact us for informal chat by 30th March 2011 on **07752129214** or email us on

action4diabetes@tiscali.co.uk

or write to: **Wolverhampton Action 4 Diabetes**

P O Box 3526

Wolverhampton

WV6 7WW

RECEIVING THE HEALTH AND WELL BEING BULLETIN

The Health & Well Being Bulletin is sent out to Voluntary and Community Groups who believe that they work around issues of Health and Well Being in the City.

Please let us know if you have any friends or colleagues who would like to receive a copy of the health & well being e-bulletin. Copies can be sent out to multiple members in one organisation via email or hard copy in the post.

Details should be sent to:

**KULVINDER SIDHU
HEALTH & WELL BEING ADMINISTRATOR
WOLVERHAMPTON VOLUNTARY SECTOR COUNCIL
16 TEMPLE STREET
WOLVERHAMPTON
WV2 4AN
TEL: 01902 773761
EMAIL: ksidhu@wolverhamptonvsc.org.uk**

* Details should include: Name, Position, Organisation, Department, Address, Telephone Numbers, Email address and Fax Number.

THANK YOU.