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*Health & Well Being Update
Keeping you in the know*

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We are currently sending our Health & Well Being Bulletin out to 163 members.

The E-Bulletin is aimed at voluntary and community groups to

- Increase their knowledge of local, regional and national health and well being policies and strategies
- Increase their knowledge of resources, funding, training and support.

If you want to nominate more members then please let us know so that their details can be added to our database and they too can benefit from the information we provide.

Contact details to advise us of interested parties can be found in the section "Receiving the Health & Well Being Bulletin" on Page 28 .

The next two E-Bulletins will be issued in January and March 2011.

NEWS

NEW CHAIR FOR WOLVERHAMPTON PRIMARY CARE TRUST

Jim Oatridge has replaced Barry Picken, who is now Chair for New Cross Hospital. Jim has been a non executive board member for the PCT for 4 years. In the past Jim has worked as a director in the public, private and third sectors with experience of local government, electricity supply, the water industry, health and education. Jim was awarded the OBE in 2003.

NEW CHAIR OF CARE QUALITY COMMISSION (CQC)

Dame Jo Williams has been appointed chair of the CQC - previously a Director of Social Services, she also has considerable experience of the voluntary sector.

NEWS

PERSONAL BUDGETS AND SOCIAL CARE

Initial figures from the NHS Information Centre show that while the percentage of people on personal budgets has doubled from 6.7% in 2008-09 to 13% in 2009-10, there are wide variations in take-up, ranging from 3.3% to 58.7%.

Half of councils had less than 10% take-up. Putting People First reform targets agreed by the Department of Health, ADASS and the LGA expect councils to have 30% of service users on personal budgets by March 2011.

Positive indicators include:

- more older people discharged from hospital to their home are still there after three months - up from 78.2% to 81.2%
- more carers received services, advice or information - from 23.1% to 26.4%
- waiting times for assessments have improved with 81.3% waiting four weeks or less, up from 79.8%.

Negative results include:

- employment rates for adults with learning disabilities known to social services fell from 6.8% to 6.4%
- fewer adults with learning disabilities live in community settings (as opposed to care homes or NHS settings) - down to 61% from 64.5%.

NEWS

PATIENTS REPORTED OUTCOME MEASURES FOR

HIP & KNEE REPLACEMENTS

A report by the NHS Information Centre, believed to be the largest such study in the world, provided information on the extent to which patients feel they have benefited from certain medical interventions during 2009-10

It found that 87% of patients undergoing hip replacements, and 77% of those undergoing knee replacements reported better general health after the procedure

FALLS CONTINUE TO CAUSE SIGNIFICANT HOSPITAL ADMISSIONS

A report by the NHS Information Centre shows that for 2009-10, falls accounted for 57% (196,000) of hospital admissions involving fracture. Over a third involved patients over 80 and 78% were female. This amounts to around 2.4% of all hospital emergency admissions, which is in line with previous years' figures.

EVENTS

Personalisation for local people in Wolverhampton Developing the role of voluntary and community groups

You are invited to a free workshop

On

Wednesday 15th December 2010

9.30am - 4.00pm

At

The Workspace, All Saints, Wolverhampton WV2 1EL.

This workshop is aimed at Voluntary and Community organisations to:

- Improve their knowledge of the national and local strategy on Personalisation
- Contribute to discussions on developing good quality information about services for Wolverhampton citizens
- Gain understanding of the personalisation health check for voluntary and community groups
- Contribute to discussions and development of the social care market for the future

For a booking form please contact Kuly Sidhu

Wolverhampton Voluntary Sector Council

Tel: 01902 773761

Email: ksidhu@wolverhamptonvsc.org.uk

POLICIES AND STRATEGIES—NATIONAL

QUALITY OUTCOMES FOR PEOPLE WITH DEMENTIA:

BUILDING ON THE WORK OF THE NATIONAL DEMENTIA STRATEGY

This document updates the previous dementia implementation plan to bring it in line with the government's vision for health and social care set out in the White Paper *Liberating the NHS* and its supporting documents. There are four national priority objectives, but the implementation plan is not prescriptive - pace of implementation will vary dependent on local circumstances. The objectives are:

- good-quality early diagnosis and intervention
- improved quality of care in general hospitals
- living well with dementia in care homes
- reduced use of antipsychotic medication.

The Department of Health is working with partner organisations to identify key outcomes which people with dementia and their carers can expect (e.g. *I was diagnosed early* and *I can enjoy life*) and the measures to underpin these outcomes. The document also describes levers for change, including the requirement on PCTs and partners to publish information on how they are implementing the strategy.

REVIEWS OF POLICIES AND PROCEDURES

LEARNING DISABILITY AND PROTEST AT RISE

IN DAY CARE CHARGES

Wolverhampton City Councils Petition's Committee is meeting on December 10th to consider a document signed by 1750 people that calls for a review of social services day care centre charging policy for adults with learning disability.

Since the new charges began in June this year it has been revealed that the numbers of elderly & adults with learning disabilities using day care centres have dropped by 14% from 1185 to 1067.

The Government believes that petitions are a good way for people to communicate their views. Petitions are the most commonly undertaken civic engagement activity according to a recent Citizenship Survey (2007-2008) with approximately 60% of people claiming to have signed a petition in the previous twelve months.

The duty for councils to respond to petitions came into force in June 2010, following the *Local Democracy, Economic Development and Construction Act 2009*.

Statutory guidance sets out the requirements of the petitions duty, namely that all local authorities must establish a scheme for responding to the petitions they receive, and that councils will be required to tell people what action is going to be taken to address their concerns.

REVIEWS OF POLICIES AND PROCEDURES

The Petitions scheme:

must include the following options for further action:

- taking the action requested in the petition
- considering the petition at a meeting of the authority
- holding an inquiry
- holding a public meeting
- commissioning research
- a written response to the petition organiser setting out the authority's views on the request in the petition
- referring the petition to an overview and scrutiny committee

Petitions can be a useful way of highlighting matters of topical and local political interest. Councils can have a broad role, in referring petitions and the issues raised by them to appropriate service providers and in developing a stronger role for councillors in following up matters of concern in their local political leadership role.

RESEARCH

WORLD ALZHEIMERS REPORT 2010

This report commissioned by Alzhiemers Disease International examined the cost of dementia. It found that if it was a country it would be the world's 18th biggest economy with a global cost this year of £388 billion.

This is made up of social care, unpaid care by relatives and medical bills. The figure is expected to rise rapidly in coming years, but governments are hugely unprepared.

The number of people with dementia worldwide will double by 2030 and triple by 2050 - to 115.4 million.

In the UK there are around 750,000 people with dementia, estimated to cost £20 billion a year to the economy.

The ADI calls dementia ' the single most significant health and social crisis of the 21st century'. The report praises government work to address dementia in France, Australia and England, but indicates that more needs to be done, particularly in research.

RESEARCH

MENTAL HEALTH PATIENT SURVEY– 2009-10

The Care Quality Commission's annual survey covered 17,000 mental health inpatients. Unfortunately this year's results are not directly comparable with previous years due to the survey now covering both people on the Care Programme Approach and those who are not. The survey shows there is still a considerable way to go to improve care practices. Less than half of people said they definitely understood their care plan, had been told about possible side effects of new medicines, or knew who to contact in an emergency. Of those that wanted talking therapies, 73% had received it but 27% had not. 48% of those wanting help to find or keep work did not receive it.

POOR PUBLIC UNDERSTANDING OF SOCIAL CARE

A Counsel and Care survey of 1300 people aged 18 -90 found considerable lack of understanding about how the care system works and the support people might receive. Only 5% felt the care system was easy to navigate, while 79% felt too little was done to tell people about their options. 74% were unsure of the level of care that they, or an older relative, would be entitled to. 64% said they had not even thought about how to fund their care. Only 5% had made provision and 19% thought local authorities will meet all their needs. Almost half (48%) were unaware of the range of help that their local council might provide. 33% believed care funding should be raised through general taxation.

RESEARCH

GP'S AND HOW THEY MANAGE PEOPLE WITH

LONG TERM CONDITIONS

A Kings Fund study found that GPs had insufficient training and time to make an adequate diagnosis of dementia. They were also deterred by a lack of specialist services for referral. There was also a feeling in some GPs that avoiding formal diagnosis may help the patient cope better.

This is despite NICE guidance which recommends swift referral to specialist services to help people maintain independence. The report finds that these problems also exist in a wide range of other long term conditions - GPs are good at single disease issues, but often do not work well when joint working is needed.

The report recommends that multidisciplinary care management should be better incentivised.

CONSULTATIONS

WOLVERHAMPTON LINK AND THEIR RESPONSE TO THE

WHITE PAPER CONSULTATION

A LINK members consultation, involving three sessions held over one day had a very vibrant and diverse attendance. 14 people out of the total of 30 participants were from Black and Minority Ethnic communities. Constructive comments were made about a range of topics including information, patients records, experiences of services, GP commissioning and the role of local authorities.

For a copy of the full response please contact

Jane Viner - LINK Co-ordinator. Tel: 01902 328973

Email: jviner@wolverhamptonvsc.org.uk

CONSULTATIONS

"LIBERATING THE NHS: AN INFORMATION REVOLUTION"

"LIBERATING THE NHS: GREATER CHOICE AND CONTROL"

Two further consultation documents have been published by the Secretary of State for Health. These are: "Liberating the NHS: An Information Revolution" and "Liberating the NHS: Greater choice and control". These documents set out more of the Government's vision of "putting patients first" as signalled in the White Paper "Equity and Excellence: Liberating the NHS" and seek views on how to make this vision a reality. They are about providing people with better information about health and social care services to improve outcomes, involving people in decisions about their own health and care and giving patients real choice and control.

The consultations close on 14 January 2011.

CONSULTATIONS

GOVERNMENT RESPONSE TO THE CONSULTATION

ON HOSPITAL PARKING

Feedback from individual respondents and patient support groups strongly supported mandatory free parking - an option to which NHS organisations were strongly opposed.

There was considerable support for parking concessions for patients or visitors of inpatients requiring frequent and long-term access (currently required by DH guidance, but felt to be implemented inconsistently). The government intends not to introduce mandatory free parking. However it is 'challenging' hospital trusts to review their current policies to make sure they promote appropriate concessions.

RESOURCES/INFORMATION

GUIDE TO LONG TERM CARE

A new guide to accessing advice and information on long term care has published jointly with LGA and ADASS. [Download here.](#) Or go to <http://www.societyofflaterlifeadvisors.co.uk/PDF/ADASSpayingforcare.pdf>

The Guide is intended to help you get information and advice in relation to your personal finances and how to pay for care if you:

- Are an older person considering getting help with care and support for yourself
- Have a need to fund care immediately
- Have an adult child with disabilities and want to ensure they have financial security after you die
- Are disabled and want to plan your financial future to make the best use of compensation payments or if you think your ability to work and support yourself financially may lessen over time.
- Are a family member, a carer or have Power of Attorney of somebody needing to fund their care
- Are planning for retirement

RESOURCES/INFORMATION

THE WEST MIDLANDS REGIONAL OBSERVATORY

The West Midlands Regional Observatory (WMRO) has just published its annual [State of the West Midlands 2010 report](#).

To view the report just click on the link or go to

<http://www.wmro.org/stateofthewestmidlands2010/?>

[utm_medium=email&utm_source=CampaignMonitor&utm_content=877555255&utm_campaign=StateoftheWestMidlandsreport2010&utm_term=thisinteractivewebsite](http://www.wmro.org/stateofthewestmidlands2010/?utm_medium=email&utm_source=CampaignMonitor&utm_content=877555255&utm_campaign=StateoftheWestMidlandsreport2010&utm_term=thisinteractivewebsite)

THE THIRD SECTOR RESEARCH CENTRE

The [Third Sector Research Centre](#) has a base at Birmingham University, and specialises in researching the VCS.

For more information click on to the link or go to

<http://www.tsrc.ac.uk/>

RESOURCES/FUNDING

ALTAJIR TRUST

The Altajir Trust offers grants to support the promotion of Islamic culture and facilitate positive relations between Muslims and Christians. Grants may be used to host exhibitions, produce publications and run educational programmes. For more information call 020 7581 3522.

LAND AID

LandAid's Annual Grants Programme is inviting applications for projects which help disadvantaged or homeless people, especially the young. LandAid will be awarding grants of between £5,000 and £25,000 for projects which assist in meeting accommodation needs, refurbish or renew facilities, or deliver training, life skills or other educational programmes. Deadline: 31 January. For more information call 020 3102 7190.

JOHN ELLERMAN FOUNDATION

The John Ellerman Foundation distributes more than £4m a year to projects in the following areas: health and disability; social welfare; arts and heritage; conservation. For more information call 020 7930 8566.

RESOURCES/FUNDING

TRUSTHOUSE CHARITABLE FOUNDATION

The Trusthouse Charitable Foundation supports projects in the UK which address issues in rural communities and/or areas of deprivation. It is interested in helping established projects which work in the fields of community support; arts, education and heritage; disability and healthcare. For more information call 020 7264 4990.

THE WAKEHAM TRUST

The Wakeham Trust offers grants of between £75 and £750 for registered charities, community and voluntary groups in the UK to help rebuild their communities through community participation. For more information call 01730 821 748.

RESOURCES/TRAINING

1in8

How to improve your chances of making a successful funding application

Improve the quality of your funding applications
Increase your chances of success
Understanding the funding process
How to find the right funder for your project

On

Tuesday 7th December 2010 ,10am - 12.30pm

At

The Workspace, All Saints Road, Wolverhampton, WV2 1EL

Only 12 places per workshop! To confirm your place:

Tel: 01902 427601 or

Email: devi@faithregeneration.org

RESOURCES/TRAINING

DEPRIVATION OF LIBERTIES - Half Day Theatre Workshops

WEDNESDAY 15 DECEMBER 2010

Registration: 9.00 am – 9.25 am Workshop: 9.30 am – 12.30 pm

Registration: 1.00 pm – 1.25 pm Workshop: 1.30 pm – 4.30 pm

**Venue: Wolverhampton Racecourse, Dunstall Park,
Gorsebrook Road, Wolverhampton, WV6 0PE**

The aim of the session is to enable staff working within vulnerable services in Care Homes, Hospitals, Social Work Teams and including those in voluntary sector care settings to understand the implications of DoLS:

- What are the deprivations of liberty safeguards and why were they introduced?
- How and when DoLS can be applied for and authorised.
- The difference between an urgent and a standard authorisation.
- The legally prescribed timescales involved.

To apply for places contact

Wolverhampton City Council

Learning & Development, 2nd Floor, Civic Centre WV1 1HE Fax 01902 555044

Contact no. 01902 550576

email: LearningandDevelopment@wolverhampton.gov.uk

RESOURCES/TRAINING

ASSESSING CAPACITY & BEST INTEREST

Thursday 13th January 2011

9.15 pm to 4.30 pm

**The Bingley Centre, Norfolk Road, Pennfields,
Wolverhampton, WV3 0JE**

TARGET GROUPS: Social Work Teams, CPNs, OTs, Ward Managers, General Practitioners and voluntary sector staff in care settings.

The aim of the session is to enable staff working with vulnerable service users to:

- Development practice in assessing capacity
- Understand the practical applications of best interests decision-making
 - Re-visit the key legislative themes
- Appreciate the roles and responsibilities of decision-making

**For further information contact Wolverhampton City Council
Learning & Development, 2nd Floor, Civic Centre WV1 1HE
Contact no: 01902 550576**

email: LearningandDevelopment@wolverhampton.gov.uk

RESOURCES/TRAINING

OUTCOMES TRAINING

WVSC is running a two day course

DAY 1- Thursday 20th January 2011

DAY 2- Thursday 17th February 2011

PLEASE NOTE YOU HAVE TO ATTEND ON BOTH DAYS

To Book a place Contact: **Kuly Sidhu**

Tel: 01902 773761

Email: ksidhu@wolverhamptonvsc.org.uk

TAILORED SUPPORT TO EMBED AN OUTCOMES APPROACH TO YOUR ORGANISATION'S WORK

Do you deliver services (or are ready to)?

Gain the skills and knowledge you need to embed outcomes in your work.

Cont'd

RESOURCES/TRAINING

Discuss your needs with **GEETA PATEL** or **SAFFI PRICE**

Geeta Patel

Tel: 01902 328976

Email: gpatel@wolverhamptonvsc.org.uk

Saffi Price

Tel: 01902 773761

Email: sprice@wolverhamptonvsc.org.uk

RESOURCES/TRAINING

'Partners in Health and Social Care and Education'

Opportunity to contribute to improving the education and training of health and social care professionals

If you have experience of health and social care services or of caring for a relative or friend then this course at the University of Wolverhampton is for you:

The course called 'Partners in Health and Social Care and Education' (4NH003) is held at the School of Health and Well-Being and is for 10 weeks.

**Starting on
Friday 28th January 2011
11am to 1pm.**

You will complete a portfolio that provides evidence of achievements of the course outcomes. You will gain 20 credits on completion.

To find out more contact: Tim Cawley, Senior Lecturer,
0790 511 2931, 01902 518663 or email T.A.Cawley@wlv.ac.uk

RECEIVING THE HEALTH AND WELL BEING BULLETIN

The Health & Well Being Bulletin is sent out to Voluntary and Community Groups who believe that they work around issues of Health and Well Being in the City.

Please let us know if you have any friends or colleagues who would like to receive a copy of the health & well being e-bulletin. Copies can be sent out to multiple members in one organisation via email or hard copy in the post.

Details should be sent to:

**KULVINDER SIDHU
HEALTH & WELL BEING ADMINISTRATOR
WOLVERHAMPTON VOLUNTARY SECTOR COUNCIL
16 TEMPLE STREET
WOLVERHAMPTON
WV2 4AN**

TEL: 01902 773761

EMAIL: ksidhu@wolverhamptonvsc.org.uk

* Details should include: Name, Position, Organisation, Department, Address, Telephone Numbers, Email address and Fax Number.

THANK YOU.